



Ok...we're all fed up with weight loss programs.

They promise so much – get our hopes up...and they always seem to disappoint us in the end. I know because I've been there.

I started out life as a really skinny kid and then somewhere along the way, my weight had gone crazy and in my mid-twenties I was wearing a size 16 or 18 (I really tried my best to go amnesic about this time!). Since that time my weight has been an ongoing issue...sometimes up...sometimes down. But no matter what the scale said, my thighs and hips were always holding on to extra kilos.

I learned along the way that I had a hypothyroid problem, was gluten-intolerant, lactose intolerant, had digestive issues, too much estrogen, was eating too many carbs, needed to exercise more. I addressed all of these health challenges successfully....yet my metabolism was still stalled. Menopause just added to the problem. The last real shock was when I emerged from about 2 years of intense personal stress and discovered that my middle had grown to resemble 6 months pregnant women. Shock...horror...as you can well imagine!!

If you think I'm exaggerating...here's a photo from a couple of years back as evidence to my case!



This would be a really embarrassing photo, if there were not a happy ending to this story. And what is even more amazing is that I even still have the photo ...since I've entertained burning it many times!!!!

A year ago my life changed. To be more exact my body changed. Actually it really transformed. The unimaginable happened... I lost my plentiful abdomen, thigh's, and hips.

I was no longer Rubinesque. I became svelte!!! It was a miracle!!! Since then I have shared this phenomenal program with over 200 people from all walks of life, all kinds of shapes, all kinds of health issues, all kinds of past weight loss disappointments, and all wanting the same thing - a transformed body. They were astounded beyond their wildest dreams about the results they achieved. Before I continue...let me ask you a few questions? If you could create your ideal weight loss program, what would it include?

Let me make some suggestions. Might it include the following? Rapid yet safe weight loss of up to a half a kilo of fat a day? A program that could shed up to 7 kilos or more and many inches in just 3 weeks...but no muscle loss? A program that produced heaps of energy and no hunger? A way to lose your carb cravings? Fat loss from those hard to lose places i.e. hips, thighs, abdomen, and fat pads in the back, arms and knees? A weight loss program would actually resculpt your body and actually has you lose inches and regain your waist etc?

A program would reset your metabolism and permanently keep your weight off? A program that doesn't require exercise to lose weight? A proven program that has consistently produced extraordinary weight loss results for people for the past 50 years? So, now you're thinking, "This all sounds too good to be true." I thought so, too! So, even though I was very doubtful, I decided to try a program that promised all the above. Before, I go any further, for all you skeptics and non-believers out there, here is a recent photo after doing this amazing program.



As they say, a picture is worth a thousand words.
I never thought I would ever really say this ... I just love my new body!

And of course, I love the compliments...I love the way I feel, and I love having to buy new clothes because everything else was way, too big.

In all, I lost 12 kilos and 4 dress sizes. I started at size 12...and now I can fit into size 4 jeans!!!! It's been many decades since I could do that!

Got your interest?

The best weight loss and resculpting program on the planet is based on a protocol developed over 50 years ago. This approach is now widely used in weight loss clinics throughout Europe and South America. It is very new in the US, for some odd reason.

This specific protocol has an amazing ability to unlock the stored fat reserves that not only misshapen us but also are a source of inflammation and estrogens. In fact, it only releases stored fat reserves, turning them into energy and nutrition.

In fact, you're able to convert 1500-3000 calories of stored fat a day into the needed energy! So, with this program, you do not lose muscle mass, you do not lose the subcutaneous fat that supports organs and sculpts your face, breast etc. So you never get saggy. In fact, this program actually tones your body.

A 23-day protocol will release up to 7 kilos of extra stored long term fat...and a 40-day program could whittle your weight down 14.5 kilos (and, of course, always remember centimeters disappear as well).

This 23-day program requires strict adherence to the protocol, which includes a restricted caloric intake. Just remember you are converting 1500--3000 calories a day into energy and food for your body which is why people have tons of energy and little or no appetite on this 23 day protocol.

The 23 days is then followed by the maintenance phase, which last 3 weeks. In the case of the 40-day protocol, the maintenance phase is 6 weeks.

If you are ready to finally succeed in regaining your ideal body, restoring your health and begin loving yourself totally, then I invite you to participate in my 6 week Ultimate Fat Loss and Resculpting Program.

This is **NOT** a '**OFF THE SHELF - DO IT YOURSELF - DIET PLAN**'. Because they DO NOT work!

This **IS A PERSONALLY GUIDED PROGRAM!** – which includes – a one hour a week on a phone/web teleseminar - with personal health guidance from me. It includes a comprehensive manual of instructions, explanations, recipes, tips and personal success stories - everything that I have learned this past years to make this program a total success for you.

There will be even lots more since I will also include my latest research on the keys for hormonal balance, rejuvenation and the necessary steps to insure that you will be well and truly on your road to a **NEW and IMPROVED** You!

The Ultimate Fat Loss and Body Resculpting Program includes homeopathic Detox and Energy drops, Vit D3, Total Body Detox formula for a 23 or 40 day protocol, a complete manual, recipes, personal guidance, instructions, new weekly information, and Q&A's on the 6 week live teleclasses!

Ready to join me? Click here:

All the best for your health

Dr. Sherrill Sellman